

Sri. John Pater - Brief Life Sketch and Teachings



Born on 26th October 1951, in Sydney, Australia, John grew up in a farm on the rural outskirts of Sydney and was imbued with the forces of nature, which come with that type of setting. In his mid teens he started questioning his religious teachers on aspects of his childhood religion of Roman Catholicism. Even though he held them in high regard, they could not provide him with satisfactory answers, to satisfy his desire and search for the truth. As a result for a short period of time he became agnostic, yet he still searched for spiritual knowledge and hence turned to various spiritual movements, which had appeared around Sydney such as Hare Krishna, Scientology, Anthroposophy, Theosophy and Transcendental Meditation. Two groups where he spent more time were with Ananda Marga Yoga and Anthroposophy.

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At the age of 19, during a lecture given in Sydney University where John was studying to graduate as an electrical engineer, he was introduced to the teachings of Anthroposophy, which had its origins in the teachings of Rudolf Steiner (1861 to 1925) who is renowned for his unique teachings and lectures given in relation to evolution, karma, life beyond death and the higher worlds. Since, John has experienced and undertaken a very in depth study in relation to these topics within the Anthroposophical movement, and is among the rare few present among us to discuss and answer queries in relation to these topics.

In 1993 he came across the teachings of Paul Brunton, Sri. Sadhu Om and ultimately sage Sri. Ramana Maharshi while working with Sri. Anil Sharma on spiritual matters. Sri Ramana Maharshi's teachings immensely helped John towards a more a balanced pathway and to focus more inwardly on that aspect called 'Self' or 'Awareness'.

According to John not only is it important for us to realize our true nature of 'Self' or 'Awareness' as taught by sage Sri. Ramana Maharshi, it is also important to balance our outlook both inwardly and outwardly, so we can help others not only at a spiritual level but also share the shortcomings and grief of others during our sojourn on the Earthly plane.

If you would like to contact John, either to ask any questions or discuss any subject matter as outlined above, particularly with reference to the correlations between the processes of evolution and Self realisation you may do so by sending an e-mail to him. His e-mail address is –

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