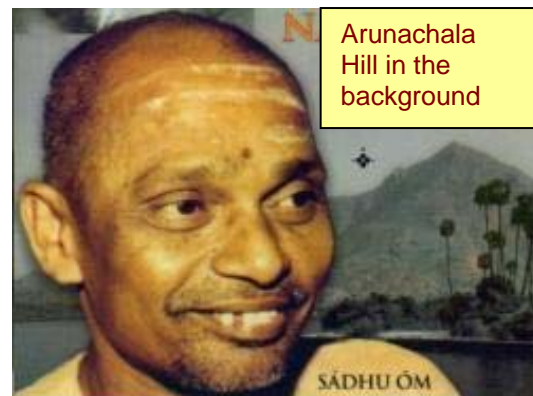


Sri. Michael James and Sri Sadhu Om - Brief Life Sketch and Teachings

Sri. Michael James is a very close associate of the late Sri Sadhu Om who was considered to be among the foremost devotees of Sri. Ramana Maharshi. Born in England, he travelled to India at the age of 19, after spending more than a year travelling around India visiting holy places and ashrams, at the age of 21 he finally reached Tiruvannamalai in September 1976, and lived there for the next 20 years.



Shortly after reaching Tiruvannamalai, he was lent a book [The Path of Sri Ramana](#) by Sri. Sadhu Om. Soon after reading this book, he met Sri Sadhu Om, and found that he was able to answer in an extremely clear, simple and convincing manner all the questions that he asked him about the philosophy and practice of the teachings of Sri. Ramana. For the next eight-and-a-half years, until Sri Sadhu Om passed away in March 1985, Sri Michael James was very fortunate to have spent time in the company of Sri Sadhu Om, and to imbibe from him a clear understanding of the philosophy, science and art of true self-knowledge as taught by Sri Ramana.

Sri. Sadhu Om association with Sri. Ramana Maharshi lasted only four years from July 1946 to April 1950. Due to his sincere and steadfast adherence to the practice of Sri. Ramana's teachings, and his total self-effacement, he became a fit vessel to receive the grace of Sri. Ramana in its fullest measure and to attain thereby firm and steady abidance in the state of Self-knowledge. When we read the books "The Path of Sri Ramana- Part 1 and 2" it can be clearly observed that Sri. Sadhu Om possessed a very deep insight into the very core of Sri. Ramana's teachings. These books provide a wealth of fresh and original ideas of Sri Ramana Maharshi's teachings. Such freshness and originality is possible only because the author had direct personal experience both of the path taught and the goal shown by Sri. Ramana Maharshi.

Sri Michael James understanding of Sri. Ramana and his teachings has to a great extent been formed, strengthened, deepened and clarified through the direct influence of his close friendship and association with Sri. Sadhu Om. Sri. Michael James has written a book "Happiness and the Art of Being", on the same lines as Sri Sadhu Om books and explains with clarity about the philosophy and practice of the spiritual teachings of Sri. Ramana Maharshi. This book contains many valuable explanations and insights into the teachings of Sri Ramana and will prove to be of great value to anyone who is truly interested in spiritual philosophy and practice in general, and in the teachings of Sri Ramana Maharshi in particular. And in particular those spiritual aspirants who wish to transcend the limits of their ego and experience their limitless true nature of 'Self' or 'Awareness'. It is anticipated that a hard copy of this book will be published by Sage Sri Ramana Maharshi Centre of Learning – Sydney in 2007.

To access An E-Book Version of this book for free download click on the following link - [Happiness and the Art of Being - eBook](#)
Website - www.HappinessOfBeing.com

Sri. Michael James welcomes all queries from genuine spiritual seekers, His email address is – michael@happinessofbeing.com
Blog address is - <http://happinessofbeing.blogspot.com/>