

Circle of Desire

by Jinendra Swami

*The essence of liberation is in
breaking the Circle of Desire*

*As an infant all you desired was food and comfort
Then your desire for nice clothings and 'stuff '
was so much necessary in your youth
But as you 'matured', your desires 'progressed'
to having spouse, house, wealth, and child too
Then with 'age', when you have possessions, positions,
and credentials, you reach deep understanding of life
Now your mind desires, 'god' or enlightenment too
So from clothing, to spouse, to desire for 'god'
You imagine you've made great progress in life*

*In reality nothing has changed
But the objects of your desires
Know that the essence of liberation is
In breaking the Circle of Desire*

*The rich and the poor
The servant and the master
The 'grahastha' and the 'sadhaka'
The disciple and the 'so-called spiritual man'
And also all those still rooted
in 'Longing' of 'some kind'
They're all equal in their illusions
Still Circumscribed by the Circle of Desire*

*Do I 'know'?
Do I 'understand'?
How can I be attached, and still attain Liberation?
Your so called progress is simply a change
From one illusion to another
Maybe from a material to a spiritual illusion
But your life is still full of delusions*

*All your 'Actions' are
to 'gain' something and 'avoid' other things
Your efforts for the future are affected by your past
You Forget in the process the 'present' is a Fact*

Can you Act without any motive?

*Just observe your every action
It gives a 'Desired fruit'
or may be an 'Undesired fruit'
But is there a way you can act*

so 'no fruit' accrues to you ?

*Know that without Renunciation
You cannot experience 'no fruit'
Isn't that really the Truth?
But, Renunciation is not in the act
It cannot be learned nor taught
The secret is revealed to you
When you experience
 a state of 'Changeless Desire'
You will know exactly how to live and act
So 'no fruit' accrues to you*

*You think you have progressed by having virtue of
 'Wanting nothing, Doing nothing, Being nothing'
But, aren't you still caught up in Circle of Desire?*

*Be Aware and realize
From the Circle of Desire
Arises all ideas of acceptance and rejection
How can pleasure and pain be absent
 while you are Perturbed?*

*Leave aside all 'ideas' of acceptance or rejection
And remain Steadfast and Equanimous
Then, through self-experience you'll know
In Enlightenment
Pleasure and Pain don't dissolve
Nor is there Freedom from their experiences
But it's Wisdom that acts as an armour
Protecting you from either pain or pleasure
Any experience leave no imprint on the mind
This is Freedom from the mind
And it is 'this state of mind'
That brings Freedom from all Actions*

*Be Aware
You are always conscious of 'what Changes'
Can you be Conscious
 of 'That which does not Change'?
Know that 'this state of mind' is the Essence
 that brings liberation from the Circle of Desire*

*It's when nothing else is wanted
 amazingly the Reality is right there!!*